

# FeedHope

-Spring 2018 -

### The Food Bank Reimaged: Introducing our new mission, vision and values.



Like most food banks across the country, Second Harvest Food Bank Santa Cruz County continues to evolve. We have to, the need for food has remained steady, well above pre-recession levels 10 years ago. The high cost of living in our county means that more people are needing food assistance more often. Rather than making the impossible

choices of purchasing medicine, heating your home or food, our nutrition programs are designed for neighbors helping neighbors.

Our Mission sees us working together to end hunger through healthy food, education and leadership.

Since the recession, our focus has also changed to not just delivering calories, but delivering nutrition to help combat diet-related disease and ensure that all of our clients have access to healthy food and the knowledge to prepare it. We're looking at making positive change in our community.

With all this positive change, our staff and board refined our Mission, Vision and Values statements:

Our **Mission** sees us working together to end hunger through healthy food, education and leadership.

Our **Vision** is for a thriving community where everyone has access to nutritious food to support their health and wellbeing.

Our **Core Values** are that of community, accountability, healthy culture and service. We commit to working with others to create positive social change and acting with transparency and integrity. We believe in fostering a team-oriented, diverse, respectful, fun and professional environment while serving our community and one another with dignity, respect and excellence.

We are so honored to be a member of this community and a partner in making Santa Cruz County a healthier place to live, and we're proud to be able to reflect that in our new Mission, Vision and Values statements.

#### 2018 Hunger Fighters of the Year



Hunger Fighter: Eola Cross has not only devoted her entire life to helping others, but for more than 20 years she has been the site coordinator for the Grey Bears' "Healthy Food for Seniors" program. At 91 years young her tireless committments also include

delivering food to home-bound seniors, coordinating distribution, and cooking for those in need.



**Hunger Fighters: The Sandoval Family** 

Margaret and Don Jesus Sandoval, along with their sons Sal and Ignacio (Nacho), have tallied an incredible 10,728 hours of service over the last forty-plus years. Even more extraordinary is their spirit of volunteerism being passed down from generation to generation.

Read the full story about the hunger fighters at www.thefoodbank.org/stories

## 2017 Holiday Food & Fund Drive Thanks to you, our community raised 4,751,931 healthy meals!

#### 2017 Holiday Food & Fund Drive Can Awards

#### Titanium Can (80,000 meals or more)

Bank of America Central California Alliance for Health County of Santa Cruz Dignity Health Dominican Hospital Dignity Health Medical Group **Plantronics** Rio Del Mar Elementary School Twin Lakes Church **UCSC** 

#### Blue Diamond Can (50,000 – 79,999 meals)

Aptos High School Safeway Stores Sutter Health/Palo Alto Medical Foundation

#### Platinum Can (20,000 – 49,999 meals)

Alexis Party Rentals Bay Federal Credit Union City of Santa Cruz Congregational Church of Soquel Enterprise Rent-A-Car Foundation **Fullpower Technologies** Gayle's Bakery and Rosticceria Good Times iHeart Radio KAZU 90.3 FM KSCO 1080 AM Lakeside Organic Gardens Morgan Stanley New Leaf Markets Nordic Naturals Pacific Gas & Electric **Palace Business Solutions** 

Performance Foodservice Ledyard **Productops** Register-Pajaronian S. Martinelli & Co. Santa Cruz County Bank Santa Cruz Office of Education Santa Cruz Nutritionals Santa Cruz Seaside Company/ Boardwalk Bowl Santa Cruz Sentinel Santa Cruz Warriors Seagate Technology Second Harvest Auxiliary SunRidge Farms Times Publishing Group, Inc. Wells Fargo Bank Whole Foods Market

#### Gold Can (10,000 - 19,999 meals)

**Applied Materials Boulder Creek Community Church Bullis Charter School** Canepa Designs Cruzio Internet Delux Foods of Aptos Erik's DeliCafe **KPIG Radio** Nob Hill Stores Santa Cruz Community Credit Union Santa Cruz Jazzercize Tech Feeds Hope

For a complete list of Can Awards visit www.thefoodbank.org/canawards

#### Presenting Sponsors



#### **CHAMPION SPONSORS**





Santa Cruz Sentinel













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#### Ambassador Sponsors

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## Second Harvest Food Bank Nutrition Program Steps It Up!

The **Passion For Produce** program continues to grow thanks to the tireless efforts of Second Harvest's nutrition team and its many volunteer Nutrition Ambassadors.

The program offers over 300 peer-led classes per year on nutrition, meal preparation, menu planning, physical activity and social support to low-income individuals and families. The newest offering at two of the program sites -- in conjunction with the free nutrition classes and farmer's market-style produce distributions -- are free Zumba® exercise classes. Popular for its welcoming vibe and infectious music, Zumba fits naturally into the whole-person approach that guides Passion For Produce's mission.

"This holistic approach is key to empowering our community to maintain health and prevent chronic disease. Zumba classes bring an element of fun to the program, too," says Sarah Underwood, Senior Director of Nutrition and Health. "Our community is made up of people of all ages, and Zumba is an activity in which everyone can participate."



Above: Clients enjoy a Zumba workout at a local Passion For Produce nutrition education & distribution site.

For more information about Passion For Produce and other nutrition programs, visit www.thefoodbank.org/nutrition

















#### Second Harvest Food Bank

800 Ohlone Parkway Watsonville, CA 95076-7005 PH: 831.722.7110

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### A Truck Isn't Just a Truck. It's a Hope Delivery System.



On any given day at Second Harvest Food Bank, nutritious food is being loaded into our trucks. Their destination? A school, a pantry, a soup kitchen, a food distribution site, a homeless shelter, a senior living center, and the list goes on. Our community partners rely on these deliveries, because the people they serve rely on this food for nutrition and sustenance.

Imagine not knowing where your next meal is coming from. It can feel hopeless. Second Harvest Food Bank wants to make sure no one has to feel this way. Our trucks deliver more than food, they deliver hope.

We need to replace one of our older trucks with a newer, larger one in order to maintain efficient delivery operations and ensure access to healthy food throughout the county. An anonymous local family will be double matching any donations made to this truck campaign. That means for every \$1 you donate, the family will donate \$2 more.

They are asking the community to raise \$12,000 before June 15th so that we can purchase the replacement truck. Your gift today will be double matched and help ensure needed foods continue to be delivered to our network of 200 community food pantries, soup kitchens and youth and senior food distribution programs; sites where our hungry neighbors know they can find nutrition and hope.

Donate your gift today at www.thefoodbank.org/truck18 or send in a check and write "Truck" in the note section.

#### On-going Volunteer Opportunities. Join our team!

#### **Sort room Volunteers:**

Monday-Friday, 8am-1pm Wednesdays 8am to 10am, 10:30am to 12:30pm, or 1:30 to 3:30pm.

We distribute over 8 million pounds of food every year and we need help making sure we are getting the best quality product to our clients. Come help us sort and pack produce into bags, and pack dry foods boxes for more than 3,000 families per month.

#### **Hospitality Volunteers:**

We need a volunteer to prepare a healthy snack on

#### Monday-Friday, 8:30am-11am

a daily basis in our on-site kitchen, to help power the volunteers who are giving their time and energy. We provide all ingredients.

#### **CalFresh Intake Volunteers:**

Flexible hours Monday-Friday. This is great for gaining clerical experience and for anyone planning to enter the field of social work. Spanish ability preferred.

#### **Janitorial Volunteers:** Monday-Friday, 8:00am to 1:00pm,

or 6:30am to 2:00pm

#### **Corporate Team-Building Volunteers:**

We receive tremendous support from companies of every size who want to help our community. At Second Harvest you can build your company team spirit while making a real difference in the fight against hunger.

Interested in volunteering? Contact bly@thefoodbank.org or call 831.498.4115

#### Tax Time. When You File...

...your 2017 Tax Form, please consider checking the Emergency Food for Families Fund, which goes to emergency food distribution. It won't make tax prep fun, but you'll feel a little better when you're done!

Please take a moment to view the list of donations made In Memory and In Honor: www.thefoodbank.org/memory



