

HUNGER ACTION MONTH

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 Ways to honor Hunger Action Month		1 Share “30 Ways” Calendar Send this calendar to friends and family and post it on social media.	2 Advocate for SNAP Email your representative to advocate for the SNAP Cost shift delay.	3 The Farm Bill Educate yourself and friends or family members on the Farm Bill and how it will affect farmers and food banks for the next five years.	4 Advocate for TEFAP Email your representative to advocate for increased TEFAP funding.	5 Merch with a Mission! Get your HAM shirt to show your support in the fight against hunger. 
6 Second Harvest Events Volunteer at our Chefs’ Dinner on October 29. We need servers and other volunteers to help us make this fund-raising event a success.	7 Distribute Food Volunteer at one of our 66+ Santa Cruz County food distribution sites . 	8 Join our Glean Team! Help harvest fresh produce directly from the fields. Shifts available every Tuesday, Thursday and Saturday: no experience needed!	9 Are You Free? We need volunteers, Tuesday – Friday, mornings or afternoons, to help us sort and pack over 7,000 bags and boxes of fresh produce and dry goods per week.	10 Get Food Moving! Join our Healthy Food Box team by volunteering on Thursdays for client check-in and loading of medically supportive groceries for delivery.	11 Support our Holiday Food & Fund Drive We need volunteers to distribute posters throughout Santa Cruz County. Please reach out to Dawn for more info.	12 Volunteer Volunteer for three hours to help pack and sort at our warehouse on any Saturday.
13 Adopt a Distribution Site Do you care about food access? Adopt a distribution site and become a regular volunteer. Take action and build connections.	14 Diaper Need Awareness Day Sign up to volunteer at our special diaper distributions this week. Help keep the babies in our community dry and healthy.	15 National Voter Registration Day Encourage your community to register to vote . 	16 Salsa Celebration In honor of Hispanic Heritage Month, make your favorite salsa and send us a picture!	17 Help Someone Apply for CalFresh Help bring the county's participation rate up by educating someone about CalFresh .	18 Wear Orange! Staff and volunteers, show your support by wearing orange to work or volunteer today!	19 Advocate Your voice can inspire action and help create change! Join the Food Justice League and learn how you can support our advocacy efforts today.
20 Sharing is Caring! Share our Back-to-School campaign on your social media feed — it helps us reach new people. Facebook , Instagram , Donate to Back to School 2026 .	21 Double your Impact! Check to see if your employer has a donation matching program . For every \$1 you donate, you and your employer provide 6 healthy meals!	22 Coffee Collection or Brown Bagging? This week make your coffee or lunch at home and donate what you would have spent to The Food Bank.	23 Make The Food Bank part of your Legacy Plan a gift to The Food Bank with our online tool in partnership with FreeWill .	24 Sign up to Become a Monthly Donor When filling out our online donation form , click “monthly” to donate regularly and SH plan for the future.	25 Donate in Honor of a Loved One Dedication donations are a wonderful act of remembrance and tribute.	26 Tour Second Harvest Schedule a tour of the Food Bank by calling 831-662-0991.
27 Support your local Farmers’ Markets You can find the best local produce at your Local Farmers’ Markets .	28 Social Media Follow and engage with us on Facebook and Instagram and help spread awareness about hunger.	29 Hunger Action Day Use your voice to help educate others about hunger.	30 Backyard Bounty Bring in your backyard fruit tree produce for our glean program. Contact Anika .			