

Bay Federal Credit Union staff attend the Mother's Day Run for Shelter put on by Pajaro Valley Shelter Services on Sunday at Ramsay Park. Bay Federal won the PVSS Bank Challenge by registering the most amount of people to come to the race. They competed with other banks in the county. PVSS Executive Director Kimberly Fern said preliminary results show the race netted \$65,000, with 585 runners participating. "The event was so much fun," she said.



Chris Ryan/Second Harvest Food Bank

Second Harvest CEO Willy Elliott-McCrea speaks during the sixth annual CalFresh Forum Friday in Watsonville.

Forum highlights CalFresh program

REGISTER-PALARMONIAN STAFF REPORT

WATSONVILLE — The CalFresh Forum took place Friday at the Watsonville Civic Plaza.

Organized by Second Harvest Food Bank and Santa Cruz County Human Services Department, the forum featured experts, outreach workers, community supporters, and elected officials from the tri-county area (Santa Cruz, San Benito and Monterey counties) sharing how CalFresh fights hunger and malnutrition locally and helping community organizations increase participation in this program.

CalFresh helps low-income

households meet their food and nutrition needs, yet California has one of the lowest participation rates in SNAP (the Supplemental Nutrition Assistance Program, the federal program), according to Second Harvest. In Santa Cruz County, about 45,000 county residents qualify, yet only 57 percent of them participate in the program. Statewide, about 67 percent of eligible people are enrolled.

"When CalFresh recipients purchase food in markets and grocery stores, it begins a chain reaction of economic activity, from grocers to farmers, distributors, workers, vendors

and more," said Joel Campos, Second Harvest's director of community outreach. "If everyone who is qualified (but not currently enrolled) signed up for CalFresh, Santa Cruz County would enjoy an extra estimated \$50 million in economic benefits."

Kim McCoy-Wade from the California Department of Social Services presented the keynote speech, and State Senator Bill Monning was the featured speaker. Jessica Bartholow, policy advocate at the Western Center on Law & Poverty, presented the "Changing Immigration Climate."

SUPPORT GROUPS

Lymphedema support group

People with lymphedema, their families and friends are invited to this drop-in education and support group on the second Wednesday of every month in Dominican Hospital's Katz Cancer Resource Center, 1555 Sequoia Drive, Santa Cruz. Information: Nancy Gonzalez-Caro at 345-2733.

Lyme disease support

This support group for people with Lyme disease and other

tick-borne infections meets the fourth Thursday of each month from 7-9 p.m. at the Unitarian Universalist Fellowship, 6401 Freestone Blvd., Aptos. Information: Sarah at 603-2866 or Judith at 761-3721.

Multiple sclerosis support group

The National Multiple Sclerosis Society offers support groups on the third Saturday of each month from 10:30 a.m. to 12:30 p.m. at United Way of Santa Cruz County, 1220 41st Ave., Capitola. Information:

(408) 988-7567.

Nar-Anon

Nar-Anon is a 12-Step program/support group for those affected by another person's addiction. Nar-Anon members share their experience, strength and hope at a weekly bilingual meeting on Wednesdays from 6-7 p.m. at the All Saints' Cristo Rey Episcopal Church, 437 Rogers Ave., Watsonville. Information at watsonvillenanon@gmail.com or call 200-3766. To find other meetings go to www.nar-anon.org.

Delta High School will hold its annual fundraiser on Thursday.

High school holding second annual fundraiser

REGISTER-PALARMONIAN STAFF REPORT
APTOS — Delta High School will present its second annual fundraiser on Thursday from 5:30-8 p.m. at the Sesson House at Cabrillo College.

Attendees will sip wine and Martinelli's cider while enjoying appetizers by Jody Lombardo, the chef/owner of Fresh Prep Kitchens.

This year's event will raise funds to ensure that all Delta students can explore life's options through visits to colleges and places of business. These visits will serve to connect students to the broader community and help them set goals for their future.

This year's event will feature:

- Keynote by former Philadelphia Eagles football player and current Associate Vice President for Boys and Girls Clubs of Monterey, Ron Johnson
- Silent auction and raffle including tickets to Giants games
- Student speakers
- Student art show

Delta was chartered by Santa Cruz City Schools and founded by community business leaders who were concerned about rising drop out rates in 1984. The school offers a variety of programs to its 135 students, including the opportunity to attend Cabrillo College classes concurrently. Delta's goals are to serve students who have not experienced success by giving them the tools they need to graduate high school, go on to higher education and positively contribute to society.

In a recent survey, more than 75 percent of the students stated that "Delta is preparing me well for col-

lege and for my future career choice."

For information, visit deltahighschool.org, call 477-5212 or visit theplaceswewillgo-deltahighschoolfundraiser.eventbrite.com.

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